

Transition & Life Skills Development for Students with Disabilities

Course Syllabus

Course Description

This course equips educators with the knowledge and strategies needed to support students with disabilities in successfully transitioning from school to adulthood. Participants will explore legal frameworks such as IDEA and Section 504 in order to gain a comprehensive understanding of the transition planning process. The course will also examine career exploration, vocational training, and work-based learning experiences, emphasizing the role of the educator in ensuring students are set up for success.

In addition to career readiness, the course addresses independent living and daily life skills, including financial literacy, personal care, transportation, and social integration. Self-advocacy and decision-making skills empower students to understand their rights, set goals, and actively participate in their IEPs. Postsecondary education pathways, including college and technical training, are also examined, ensuring students are prepared for the next phase of learning.

The course also highlights the importance of family and community partnerships, where educators will learn how to connect students and families with essential resources. Ultimately the goal of this course is to help educators understand how to best support students with disabilities in achieving long-term success in adulthood.

This course enhances classroom teaching effectiveness and supports improved student outcomes by introducing new knowledge in transition planning and support for students with disabilities.

Course Objectives

At the end of this course you should be able to:

- 1. Explore the legal foundations and objectives of transition planning.
- 2. Examine best practices in supporting students with career exploration and vocational training.
- 3. Evaluate tips and strategies for teaching students independent living and daily life skills.
- 4. Explore the importance of teaching self-advocacy and decision making skills to students in the transition process.
- 5. Examine transition assessments and explore how they can be utilized to create transition goals in a students' Individualized Educational Plan (IEP).
- 6. Examine the importance of family and community engagement in transition planning.



- 7. Evaluate best practices in establishing a support system for students in their post secondary education setting.
- 8. Explore how technology can support students in the transition process.

Modules

- Module 1: Introduction to Transition Planning, Quiz 1
- Module 2: Career Exploration and Vocational Training, Quiz 2
- Module 3: Independent Living and Daily Life Skills, Quiz 3
- Module 4: Self-Advocacy and Decision-Making, Quiz 4
- Module 5: Transition Assessment and IEP Goal Development, Quiz 5
- Module 6: Community and Family Engagement in Transition Planning, Quiz 6
- Module 7: Supporting Students in the Post-secondary Education Setting, Quiz 7
- Module 8: Technology in the Transition Process, Quiz 8

Grading

Each quiz must be passed at an 80% or higher (three attempts allowed).

Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course. There is an interactive forum in the course to help you connect with peers and instructors, share ideas, and collaborate on best practices throughout your learning journey.