



# Social-Emotional Learning in Children with Autism Spectrum Disorders

## Course Syllabus

### Course Description

This professional development course is designed to equip educators and support staff with the knowledge and practical strategies needed to foster social-emotional learning (SEL) in learners with Autism Spectrum Disorder (ASD). Participants will explore the unique social and emotional challenges faced by individuals with ASD, and how SEL can play a vital role in supporting their emotional well-being, interpersonal skills, and overall academic success. By the end of the course, participants will have a comprehensive understanding of how to integrate SEL practices into their work with learners with ASD. Empowering learners to build strong social connections, improve emotional regulation, and navigate daily challenges with greater confidence and resilience.

This course enhances classroom teaching effectiveness and supports improved student outcomes by introducing new knowledge in social-emotional learning (SEL) strategies for supporting learners with Autism Spectrum Disorder (ASD).

### Course Objectives

At the end of this course you should be able to:

1. Understand the key components of Social Emotional Learning (SEL).
2. Gain a deeper understanding of the characteristics of Autism Spectrum Disorder (ASD).
3. Understand the school's responsibility in supporting learners with ASD.
4. Understand Social Skill Challenges in learners with ASD.
5. Create and adapt classroom environments using SEL strategies to support learners with ASD.
6. Understand emotional regulation interventions used for learners with ASD.
7. Explore effective collaboration strategies to strengthen partnerships among stakeholders in supporting SEL development of learners with ASD.
8. Gain familiarity with a variety of SEL curricula and assessment tools designed to evaluate the effectiveness of social-emotional learning strategies for students with ASD.

### Modules

- Module 1: Understanding Social Emotional Learning (SEL), Quiz 1
- Module 2: Understanding Autism Spectrum Disorder (ASD), Quiz 2
- Module 3: School's Role, Quiz 3
- Module 4: Social-Skill Challenges, Quiz 4
- Module 5: Classroom Environments, Quiz 5
- Module 6: Emotional Regulation, Quiz 6



- Module 7: Collaboration, Quiz 7
- Module 8: Curriculum and Assessment, Quiz 8

### **Grading**

Each quiz must be passed at an 80% or higher (three attempts allowed).

### **Format**

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course. There is an interactive forum in the course to help you connect with peers and instructors, share ideas, and collaborate on best practices throughout your learning journey.