



Fostering a Growth Mindset in Teachers and Learners

Course Syllabus

Course Description

Welcome to "Fostering a Growth Mindset in Teachers and Learners," a dynamic and transformative course designed for educators and school leaders who are committed to fostering a positive mindset in their classrooms and schools. This course focuses on the positive impact a growth mindset has for school communities. Through a combination of insightful discussions, engaging activities, and real-world applications, participants will not only gain a deep understanding of growth mindset principles but will also learn how to integrate these principles into their teaching practices. This course equips participants with the knowledge, strategies, and practical tools to instill a growth mindset in learners, teachers, and entire school communities.

This course enhances classroom teaching effectiveness and supports improved student outcomes by introducing new knowledge in how to cultivate and sustain a growth mindset in self, students, and school communities through reflective practices, evidence-based strategies, and supportive relationships that foster resilience, motivation, and continuous improvement.

Course Objectives

At the end of this course you should be able to:

1. Differentiate between fixed and growth mindset and develop strategies to shift your perspective from a fixed to growth mindset.
2. Identify and implement reflective teaching practices and professional development strategies that help foster a growth mindset and promote teamwork, shared experiences, and a supportive environment among teachers.
3. Recognize evidence-based strategies in designing lesson plans and delivering constructive feedback to learners, with a focus on fostering learners' growth and encouraging learners to embrace setbacks.
4. Identify strategies for creating a classroom culture of resiliency and growth through physical classroom space and language that focuses on positive attitudes towards challenges.
5. Identify how different forms of assessments can be developed with the principals of a growth mindset, to empower the educational experience and create assessment capable learners.
6. Identify how relationships, goal setting, and motivation are intertwined in creating a positive growth mindset in learners.



7. Identify the importance of relationship building and develop strategies that can overcome obstacles that may arise when educators commit to fostering a positive mindset with stakeholders in the educational setting.
8. Develop resources and a deeper knowledge of how school administrators and teachers can help use self-care strategies to sustain a positive mindset through the good years and the bad.

Modules

- Module 1: Introduction to Growth Mindset, Quiz 1
- Module 2: Fostering a Growth Mindset in Teachers, Quiz 2
- Module 3: Growth Mindset in Lesson Planning/Feedback, Quiz 3
- Module 4: Classroom Environment and Language, Quiz 4
- Module 5: Growth Mindset In Assessments, Quiz 5
- Module 6: Strategies that Enhance Learner Growth and Mindsets, Quiz 6
- Module 7: Parent Engagement and Support, Quiz 7
- Module 8: Sustaining a Growth Mindset, Quiz 8

Grading:

Each quiz must be passed at an 80% or higher (three attempts allowed).

Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course. There is an interactive forum in the course to help you connect with peers and instructors, share ideas, and collaborate on best practices throughout your learning journey.