



Idaho State University

POLICIES AND PROCEDURES

Athletics Practice Players

ISUPP 8150

POLICY INFORMATION

Policy Section: *Athletics*

Policy Title: *Athletics Practice Players*

Responsible Executive (RE): *Director of Athletics*

Sponsoring Organization (SO): *Department of Athletics*

Dates: Effective Date: *August 1, 2014*

Revised: *May 23, 2016*

Review Date: *May 2021*

I. POLICY STATEMENT

The Department of Athletics (Department) at Idaho State University (ISU) encourages male students to engage in practice sessions with women's teams. All such practice players will meet National Collegiate Athletic Association (NCAA), Big Sky Conference, and ISU guidelines concerning eligibility. Additionally, the Department will strictly enforce NCAA rules and regulations regarding practice players.

II. AUTHORITY AND RESPONSIBILITIES

- A. The head coach will designate any practice players to the assistant athletic director for compliance who will approve all practice players prior to their participation.
- B. The program will be overseen by the associate athletic director/senior woman administrator.

III. PROCEDURES TO IMPLEMENT

- A. Coaches desiring to utilize male practice players must notify the Compliance Office prior to 20 hour practices beginning.
- B. Practice players who meet the following requirements may be permitted to participate:
 - 1. Be approved by the head coach to participate.
 - 2. Be certified by the faculty athletic representative and approved by the Compliance Office prior to practicing with designated team. Practice players must be in good academic standing and pass 24 credits per year.
 - 3. Practice players must provide proof of personal or parental health insurance in order to cover any athletic related injuries.
 - 4. The Department will not provide health care coverage to practice players.
 - 5. All potential practice players must undergo a medical examination by the Student Health Center at their expense prior to participation.
 - a. The pre-participation examination shall include testing for Sickle Cell as well as a cardiac screening.
 - b. If any of these tests show a need for additional evaluation, it shall be at the practice player's expense.
- C. No athletics financial aid or compensation shall be provided by the Department for participation as a practice player.
- D. Practice players may be provided practice apparel for practicing with a women's team.