



**Idaho State  
University**

**Due Date of Report**

**8/13/2025**

**TIME AND EFFORT CERTIFICATION**

<b>Sponsored funding certification period for work performed from</b>	12/22/2024	<b>to</b>	7/5/2025
<b>Pay dates</b>	1/17/2025	<b>to</b>	7/18/2025

**Employee:** Elmore, Lauren

**Time and Effort Reporting**

Your ISU time and effort (T&E) details are provided below. T&E reporting is a federally mandated process ensuring that salaries and wages charged to externally funded grants, contracts, and agreements are reasonable and accurately reflect the work performed.

We appreciate your assistance with this process. Please contact GCA at [timeandeffort@isu.edu](mailto:timeandeffort@isu.edu) with any questions or concerns.

**If you agree - please sign and date the form below. If you disagree -please decline to sign and email [timeandeffort@isu.edu](mailto:timeandeffort@isu.edu).**

**Please keep a copy of this report for your records**

I, Doe, Jane the  
period covered.

, certify that the effort distributions reflected in this report reasonably estimate the actual work performed during

Employee Signature

Date 30 July 2025

I certify that I have first-hand knowledge of the activities performed by the employee identified above on my project(s) listed below by index. The effort distribution shown is a reasonable estimate of the actual work performed on my project(s) during the period covered by this report.

Principal Investigator (PI) Signature  
ISU PI name

Date 18 August 2025

Index	Title	Amount	Percent Effort	Principal Investigator (PI)
		\$15,262.90	100.00%	
ACDCXX	APPR Career Path Internship	\$1,614.92	10.58%	
APSYXX	APPR Psychology	\$4,771.08	31.26%	
ASUMAS	APPR Summer Session Arts & Letters	\$2,290.50	15.01%	
LIGS9X	SEED AWARD	\$20.00	0.13%	
RPSYXX	PSYC OTHR Portneuf Medical Center N	\$6,566.40	43.02%	ISU PI's name